



Eastern Tae Kwon Do Federation

**New England Tae Kwon Do Center
Promotional Examination Form**



Name _____ **Age** _____ **ETF #** _____

Rank _____ **Requested Rank** _____

Exam Date	Date of Last Exam	Date Started	Total Lessons	Total Number of Exams
Highest Forms	Favorite Technique		Total Lessons Since Last Exam	Number of Exams This Rank

KiMa Ja Shae	A	B	C	D	E	F	One Step Sparring	A	B	C	D	E	F
Basic Hand Technique	A	B	C	D	E	F	Two Step Sparring	A	B	C	D	E	F
Basic Foot Technique	A	B	C	D	E	F	Sparring: Offensive	A	B	C	D	E	F
Stances	A	B	C	D	E	F	Sparring: Defensive	A	B	C	D	E	F
Terminology	A	B	C	D	E	F	Sparring: Control	A	B	C	D	E	F
Special Technique	A	B	C	D	E	F	Discipline	A	B	C	D	E	F
Favorite Technique	A	B	C	D	E	F	Attitude	A	B	C	D	E	F
Questions	A	B	C	D	E	F	Heavy Bag	A	B	C	D	E	F
Highest Form Tech.	A	B	C	D	E	F	Breathing Technique	A	B	C	D	E	F
Highest Form Balance	A	B	C	D	E	F	Jumping Technique	A	B	C	D	E	F
Highest Form Power	A	B	C	D	E	F	KiHap (Yell)	A	B	C	D	E	F
Previous Forms	A	B	C	D	E	F	General Remarks	A	B	C	D	E	F

Remarks:

Examiner
Results

Yellow	\$20.00	Yellow/Green	\$20.00
Green	\$25.00	Green/Blue	\$25.00
Blue	\$35.00	Blue/Brown	\$35.00
Brown	\$45.00	Brown/Red	\$45.00
Red	\$55.00	Red/Black	\$55.00
Black	\$100.00	Black	\$100.00